

CENTRAL FRONTENAC SWIM PROGRAM

The Township of Central Frontenac will be administering the Red Cross Swim Kids/Preschool programs as well as the Lifesaving Society program for 2010.

We are hoping that time will allow the instructors to visit the schools in Central Frontenac.
Registrations for both sessions will be accepted at the Municipal Office, in Sharbot Lake until June 25th, 2010.

Registration Fee: \$40.00 per child. A late registration fee of \$20.00 per child will be applied if registering after June 25th, 2010.

Bronze Medallion/Senior resuscitation & Bronze Cross Registration - \$85.00 includes manual. Refunds will only take place 2 days after the lessons have started. Please make cheques payable to:

**Township of Central Frontenac
P.O. Box 89, 1084 Elizabeth Street
Sharbot Lake, ON K0H 2P0
613 -279-2935**

NOTE: ALL CHILDREN MUST BE 4 YEARS OF AGE AS OF THE FIRST DAY OF LESSONS TO PARTICIPATE IN THE PROGRAM.

SCHEDULE

		MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
July 6	AM		Long Lake	Long Lake	Long Lake	Long Lake
-July 9	PM		Clear Lake	Clear Lake	Clear Lake	Clear Lake
July 12	AM	Long Lake	Long Lake	Long Lake	Long Lake	Long Lake
-July 16	PM	Clear Lake	Clear Lake	Clear Lake	Clear Lake	Clear Lake
July 19	AM	Long Lake	Long Lake	Long Lake	Long Lake	Long Lake
-July 23	PM	Clear Lake	Clear Lake	Clear Lake	Clear Lake	Clear Lake
July 26	AM	Sharbot Lake	Sharbot Lake	Sharbot Lake	Sharbot Lake	Sharbot Lake
-July 30	PM	Eagle Lake	Eagle Lake	Eagle Lake	Eagle Lake	Eagle Lake
Aug 3	AM		Sharbot Lake	Sharbot Lake	Sharbot Lake	Sharbot Lake
-Aug.6	PM		Eagle Lake	Eagle Lake	Eagle Lake	Eagle Lake
Aug 9	AM	Sharbot Lake	Sharbot Lake	Sharbot Lake	Sharbot Lake	Sharbot Lake
-Aug.13	PM	Eagle Lake	Eagle Lake	Eagle Lake	Eagle Lake	Eagle Lake

Instructors will make every attempt to contact the parents/guardians with the time schedules prior to classes beginning. If you do not receive a call please contact the Municipal office.

We are planning to hold BRONZE MEDALLION and CROSS-classes again this year if there is an interest. Days and times are to be determined. Please provide contact phone number in order for our instructors to contact you. The classes to be held at Sharbot Lake beach with some classes being held at the Perth Pool. Please register at the same time as above.

REGISTRATION FORM PLEASE PRINT

NAME: _____

ADDRESS: _____ DISTRICT: _____

PHONE#: _____ ALTERNATE _____

AGE: _____ BIRTH DATE: _____

ANY HEALTH PROBLEMS: _____ LAST BADGE EARNED: _____

PARENTS/GUARDIANS NAME & SIGNATURE _____

PLEASE INDICATE BEACH DESIRED: (CHECK ONE)

Clear Lake () Eagle Lake () Sharbot Lake () Long Lake ()

Office use: Receipt #: _____ Amount Collected: _____ Date: _____